



## **RACE DAY INSTRUCTIONS**

### **Race Information**

The Hillcat Fun Run, 5k and 10k will take place on Saturday, April 13, 2019. Both the 5k and 10k routes are USATF-certified courses and will be electronically timed by I-40 Race Services.

### **Packet Pick-Up**

Early pick-up will be available Thursday, April 11 and Friday, April 12, in the Student Affairs office, Dr. Carolyn Taylor Center 201, from 8:00 a.m. – 5:00 p.m. Packets will be available on race day beginning at 6:30 a.m. at Preparatory Hall.

### **Start Line Information**

The start line for all races will be located in front of Preparatory Hall located on the campus of Rogers State University. The Fun Run will begin at 8:00am with the 5k and 10k beginning at 8:30am

### **Parking**

There will be plenty of parking available for all runners on the RSU Campus. Participants will need to enter campus at the Camden/Hwy 20 entrance by the splash park and proceed to the parking areas identified on the attached map. University Drive off Will Rogers Blvd. will be closed starting at 7:00am. Please see the attached parking map for more information on where to park.

### **Restrooms**

Restrooms will be located in the Dr. Carolyn Taylor Center and Preparatory Hall and will be open until 12:00pm. Please expect some lines and allow plenty of time to use the facility prior to the race.

### **Race Number and Timing Chip**

Your race number must be worn on the front of your shirt or shorts so race officials, course photographers and finish line personnel can clearly see it. Do not cut or fold your number in any way, as this can damage the attached timing device. Officials must be able to see your whole number to know that you are an officially registered participant. Race numbers are non-transferable and may only be worn by the participant to whom they are assigned. The bib will be yours to keep after the race.

### **Race Course**

This course is mostly an open road course with some grassy and gravel areas. A section of the course will run through a residential area so please be aware of the surroundings. Course officials and local law enforcement will be monitoring the roads and keeping traffic to a minimum. Bicycles, roller skates, roller blades, skateboards, baby joggers and animals are not allowed on the race course at any time. Hydration stations will be available along both courses. Please use caution when running the course and be aware of the surroundings.

Course maps can be viewed at the following links:

5K – <http://www.rsu.edu/wp-content/uploads/2017/01/FunRun5K-Route.pdf>

10K – <http://www.rsu.edu/wp-content/uploads/2017/01/FunRun10K-Route.pdf>

### **Dropping Out**

If you are unable to finish the race, please the notify one of the race officials along the route.

### **Medical Aid**

If available, RSU EMS students will be on hand at the start/finish line to render basic aid on a volunteer basis.

### **Food and Beverage**

Once participants cross the finish line, they will be directed to a refreshment station with water, fruit, and granola bars.

## **Results**

All results are unofficial until certified by race officials. Participants can check their unofficial results at the results tent located by the finish line.

## **Awards**

All participants will receive a finisher medal. Overall winners (1<sup>st</sup> place female and male for 5K and 10K) will each receive an RSU gift basket. Official times and results will be available after the race through the I-40 Race Services website (<https://www.i40raceservice.com/race-results>). We will also highlight 1<sup>st</sup> place winners and age group winners on our Facebook page (<https://www.facebook.com/hillcatrun>).

## **Weather**

We will run rain or shine!

## **Like Us**

Be sure to Like us on Facebook: <https://www.facebook.com/hillcatrun/>

Also, as you post your race day pictures, use the hashtag #HillcatRun19

We will post race day photos on our Facebook page, so feel free to download your personal highlight shots!

Please let us know if you have any questions. See you on the Hill!

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