

PROPOSAL NARRATIVE SECTION

Instructions: Provide a thorough explanation of the following information about your proposed scholarly research activity.

1. **Abstract:** (200 words or less)

The first education generated by parents creates the first association with their family through parents' love and discipline, which significantly related with significant levels of psychological well-being and sense of belonging in a certain affiliation. The positive social experiences and association with in-group members in college life plays a significant role in improving social, emotional, and academic adjustments by mediating role of higher personal self-worth. While students spend a significant amount of time with their friends and participate the social interactions in college life, many scholars have paid attention on the important role of first association created by their parents creating personal self-esteem. The purpose of the study is to scrutinize the direct and indirect effects of the first educational leadership style on student-athletes' social, emotional, and academic adjustments, by mediating role of personal self-esteem.

2. **How will your project promote RSU's mission:** (100 words or less)

It helps RSU to understand the important role of the first education and leadership style on student-athletes' social, emotional, and academic adjustments.

It helps RSU athletic department to understand how leadership or educational style promote student-athletes personal self-esteem.

3. **Problem Statement and/or Project Description:** (350 words or less).

Student-athletes are facing a unique situation involved in academic and athletic departments. It is important for student-athletes to provide positive experiences in group associations and disciplines. In addition, those educations significantly influence their social, mental, and academic lives college life. Although student-athletes have educated in previous years from different organizations, it seems the first educations from their parents significantly creates their future life college.

4. **Research Strategy:** (750 words or less).

In this study, we explored the relationship between the first leadership styles and academic, social and emotional adjustment as well as the potential role of self-esteem may play in mediating these relationships. The purpose of this study was two-fold: 1) to examine the effects of the first leadership styles on personal self-esteem, and 2) to explore the direct and indirect effects of parenting leadership styles on social, emotional, and academic adjustment in college, by mediating the role of personal self-esteem

This study may provide conceptual evidence that leadership styles importantly influence college students' social, emotional, and academic college adjustments via a significant level of personal self-esteem. In addition, this study could help parents, or the first educators better understand the important role they play in helping students adjust to the complex college environment.

5. **Evaluation Methods:** (350 words or less)

A convenience sample of 300 student-athletes was collected from a university in the south-central region of the United State.

PAQ was used to measure the first leadership styles. RSES was adapted to measure college student's personal self-esteem while college adjustments were measured by the Student Adaption to College Questionnaire.

Confirmatory Factor Analysis evaluate psychometric measurement and structural model by the covariance matrix and maximum likelihood estimation.

Hypothesized model is evaluated by Structural Equation Modeling (SEM) and see direct and indirect effects among the latent variables with the favorable model fit.

6. **Benefit to Students:** (300 words or less)

Student-athletes will be aware how the first-time leadership effects on their future life. Theoretical concept and impacts of the dimensions of leadership will be educated to students in major sport management.

7. **Timeline:** (No word limit)

The data was collected and resulted. The study will be presented at ASMA conference on February 17th.

8. **Budget:** (No word limit)

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| Estimated Airfare Cost: | <u> </u> | Requisition #: |
| Estimated Registration Fee: | <u>\$ 250</u> | Requisition #: |
| Estimated Lodging Cost: | <u>\$ 600</u> | |
| Estimated Per Diem Cost: | <u>\$ 210 345 (69x5)</u> | |
| Estimated Mileage Cost: | <u>\$ 342.16</u> | |
| Estimated Other Expenses: | <u>\$ 100 (Print + Parking)</u> | |
| Estimated Total Cost: | <u>\$ 2,200.00 \$ 1,637.16</u> | |